

LASER HAIR REMOVAL

PRE-CARE

Consultation & Patch Test required 48hrs+ prior to session

- During a thorough consultation, we will discuss the treatment procedure in order to ensure full understanding of the treatment. A health & medical history will be discussed, previous/current medication and ethnic background, hair type & thickness in order to ensure treatment suitability.
- Following on from the consultation, once skin & hair parameters for our laser device have been determined, a patch test of the treatment area will be tested. In this we can assess the treatment plan and sessions needed to complete a course of treatments. This is to be had a minimum of 48hours prior to the first session in order to ensure there are no possible adverse reactions.
- It is important that before receiving laser treatments you follow the recommended pre-treatment guidelines for 30 days prior to receiving treatment. This is to achieve the best possible treatment results from our Lumiere Device.

PRE-CARE ADVICE

- Clients are to read the Contra-Indications PDF to determine suitability.
- The hair must remain in the follicle meaning no waxing, plucking or pulling out the hairs in the area being treated. Shaving/trimming/cutting down the hair in the area is recommended.
- The hair in the area must be cleanly removed prior to attending your consultation & patch test.
- No prolonged sun exposure/ sun beds in the treatment area for a minimum of 2 weeks pre and post treatment.
- Spray Tans/ Fake Tanning must ALL be off the skin prior to any consultation OR treatment. Failure to do so will mean the treatment in the area cannot be performed.
- Clients must wear little, to no make up if having face area treated.



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CONTRA-INDICATIONS LIST

This list is including but not limited to the contraindications of the treatment. There may be some conditions which will not be suitable for the treatment. A Doctors note to confirm suitability may be requested prior to starting any treatment.

- Pregnant, Breastfeeding or undergoing IVF treatment
- Currently undergoing Cancer treatment
(Clients out of remission for 5yrs+, skin cancer without undergoing chemotherapy/radiotherapy minimum 3yrs in remission)
- Lupus
- Use of photosensitive medication and herbs
- Hormonal Disorders
- Use of steroids medication or topical creams
- Roacutanne/Isotretinoin/Lymecycline or similar medication for Acne Skin Concerns.
- Skin Diseases/Disorders in the area treated
- Scar Tissue in the area, must wait a minimum of 6months post fully healed
- Cold Sores/Herpes Virus- if active in the treatment area
- Diabetes Type 1- Doctors note may be required
- Epilepsy- Doctors note may be required.
- History of Keloid Scarring- Doctors note may be required
- Botox/Fillers/Chemical Peels/Invasive Facials- treatment can only be carried out in the area after 2weeks.
- Retinol/Tretinoin/Active Skincare- reduce use 2 weeks pre & post treatment.
- Prolonged Sun Exposure/ Sun Beds- must wait minimum 2weeks since last exposure and future exposure.
- Fake Tanning- Must be fully removed prior to treatment



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POST-CARE ADVICE

- Following treatment, it is common for the area to feel slightly warm, experience some redness, local swelling and mild tenderness. These symptoms may appear immediately or a few days post treatment. Following recommended aftercare advice will ensure full treatment safety and efficiency.
- The use of 100% aloe Vera gel is recommended immediately after and for a further few days. Cold compresses can be applied if necessary. Avoid perfumes, creams and lotions on the treatment area.
- A high SPF 30/50+ should be applied to the face to prevent hyper pigmentation in the area.
- For 48hours post treatment, avoid heat producing activities such as saunas, steam rooms, hot baths/showers and excessive exercise.

EXPECTED RESULTS POST TREATMENT

The number of hairs growing in the treatment area will be reduced, hair will become finer and less pigmented meaning results are being achieved.

After a course of minimum of 8 sessions, the expected results can be up to 85% hair reduction in the treated areas.

Following a course of sessions, maintenance will be recommended for prolonged results. This will be discussed with your practitioner. This could be approx once to twice a year.

Courses, Combos of treatments which have great savings plus our individual prices can be found on our online booking system or by contacting us.

LAUNCH OFFER: 30% discount off a course of 8 sessions

normally 15% discount only- offer valid until end of Nov.

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