
HYDRAFACIAL Q&A

WHAT IS HYDRAFACIAL?

A Hydrafacial is one of the most powerful, non-invasive skin resurfacing treatments available today. It combines cleansing, exfoliation, extraction, hydration and antioxidant protection that removes dead skin cells and impurities, while simultaneously delivering moisturising serums into the skin.

It offers instant, noticeable results with no downtime or irritation. The treatment is soothing, refreshing, non-irritating with immediately effect.

WHY IS HYDRAFACIAL GOOD FOR MY SKIN?

You will know once you've tried one! :)

This 6-in-1 treatment will combat ALL stages of deep cleansing & intense hydration for each individual targeting ALL concerns, skin type & ages. Hydration is the foundation of healthy, radiant skin, so as much as we take out, we replenish with goodness. Completely tailoring each treatment, we achieve the ultimate Hydra Glow every time!

IS HYDRAFACIAL RIGHT FOR ME?

HydraFacials are for everyone. Both men and women love the results of this facial, and how it can be tailored to your skincare concerns.*

Hydrafacials benefit so many skin concerns, including sunspots, acne breakouts, fine lines and wrinkles, oily or greasy skin, a dull tone or rough texture, and reduced firmness.

Even the most sensitive skin easily tolerates the HydraFacial treatment.

*Not suitable for active acne or during pregnancy.

WILL I SEE RESULTS?

Many clients see visible skin refinement and an even, radiant skin texture after just one treatment. The smooth results, hydra glow and hydration will be long term results.

Multiple sessions are recommended for improving the appearance of deeply congested skin, sufferers of deep lines & wrinkles or un even skin tone or pigmentation marks.

WHAT EXACTLY HAPPENS DURING A HYDRAFACIAL?

A typical session lasts an hour, which includes a consultation at your first appointment to determine your skin concerns. HydraFacials consist of six steps; detox lymph drainage, cleanse and exfoliate with hydra-dermabrasion, skin peel with glycolic and salicylic acid, extraction (say goodbye to blackheads and gunk in your skin!), hydration, and LED light therapy to boost skin regeneration, stimulate collagen and elastin.

HOW OFTEN CAN I GET A HYDRAFACIAL?

We recommend you schedule a HydraFacial every 4 – 6 weeks to keep your skin at its best! In between facials, it is essential to maintain your skincare routine at home.

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WILL A HYDRAFACIAL CAUSE ME TO BREAK OUT AFTER TREATMENT?

Every person's skin reacts differently to facials. The treatment reaches deep into the layers of the skin, so it is not uncommon to experience a slight post-facial spot but it should be minor.

IS THERE JUST ONE TYPE OF HYDRAFACIAL?

We offer 2x types of Hydrafacials; A Platinum or Platinum+.

The Classic (the OG) of Hydrafacials is the Platinum- this is using our house brand Murad Skincare tailored to your skin and concerns. Everyone should start here.

Should you wish to upgrade there are 2 options:

1. Hydrafacial Platinum+ - This is the classic facial but with the added benefit of a 'booster' - personally chosen with you! With over 7 options of the most advanced treatment.
2. Hydrafacial x SkinCeuticals - Either the Platinum or Platinum+ would be chosen. This treatment is the classic Hydrafacial but with the addition of using SkinCeuticals range of advanced, professional skincare products which are backed by science and specially designed to maximise skin health.

Our TOP boosters are;

- Murad Retinol- Accelerates skin's surface renewal and instantly plumps to minimise the look of wrinkles, even tone and boost youthful radiance and more.
- Murad VitaC- Gold-stabilized Vitamin C: One-of-a-kind Vita-C Complex enhances L-ascorbic acid stability and potency to visibly revive dull skin , brighten & boost skin glow & evens skin tone.
- Dr Nassif Hydraglucan- Rejuvenates, Hydrates, Repairs, and radiates healthy, full of bounce plump skin which addresses those stubborn signs of ageing using a cocktail of ingredients, including hyaluronic acid, glucan and betaine.
- Eye perk - refreshes your outer-eye area leaving this delicate area toned, firmed and hydrated. OR Lip perk - plump and hydrate your lips in less than ten minutes!

TELL ME ABOUT THE GUNKIE

During your facial, all the "gunk" and impurities that are extracted are collected in the gunkie tube - at the end of your facial, you get to SEE the results! All the blackheads, dead skin cells, excess oil, dirt, blocked pores, makeup, fake tan (and more) are removed leaving you with a squeaky clean face!

HOMECARE- WHAT DO YOU RECOMMEND?

As well as regular appointments, it is important to maintain the work at home. Your therapist will recommend you the best products and routine for your skin type, skin concerns & lifestyle. This will help you get the most out of your facial and maintain a healthy glowing skin!





HYDRAFACIAL PRE & POST CARE

Pre-care

Treatment is not appropriate for those who:

- using medically graded antibiotics such as Roaccutane within the last six months
- have a contact allergy to aspirin, shellfish or honey (can be patch tested!)
- have autoimmune disorders
- are pregnant, or nursing.
- have had cold sores in the previous month
- have undergone cosmetic injections (botox or fillers) in the preceding week
- have had other procedures to the area recently, such as laser, chemical peels, or waxing
- have a lymphatic disorder
- have active acne, eczema, open wounds, sun burnt or fresh scars on the area.

Additionally please refrain from using any AHA/BHA exfoliants, Retinol or any form of peels 3 days before treatment.

Post-care

- Drink plenty of water to hydrate and nourish your skin.
- Avoid strenuous exercising or intense heat such as direct sunlight/sunbeds/saunas/pools on the day of your treatment.
- Allow the skin to absorb the intense products for 8/12 hours post treatment. Ideally no make-up for this duration.
- You may experience slight redness for 1-3 hours post treatment. Being a very active facial treatment, this is expected, but do not touch, pick or use more products on your skin.
- Hydrate, Hydrate, Hydrate- Antioxidant, Serum, Moisturiser & SPF30+ should be worn daily for optimum skin health! Home care recommendations will be advised post treatment.
- Cease the use of Vitamin C, AHA's, Glycolic Acid's and other chemical exfoliants for 2 days post treatment.
- No chemical peels, microdermabrasion or aesthetic treatment in the area for 2 weeks post Hydrafacial.
- Book your next facial in! Regular Treatment is recommended to maintain and improve your skin!





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